

Strapped in

This nifty device, called the CG-Lock, introduces some of the benefits of a full harness to a standard inertia-reel seat belt – we know, because we’ve tried it on track and on the road. It attaches to the buckle of your existing seat belt and allows the lap belt to be tightened and locked into position, thus holding you more securely in your seat, while still retaining the upper body movement – which with a full harness is greatly reduced.

We were sceptical that such a simple device and, indeed, solution could make that much difference, but it really does do what it claims. On track, there was a marked improvement in seat stability and so, instead of having to brace yourself in the corners, the CG-Lock would take the strain, allowing you to concentrate on the driving. CG-Lock also claims benefits if you have a bad back, again thanks to its ability to keep you firmly in place. The price is £44.99, which may sound a little steep – but it’s cheaper and, in a lot of ways, more convenient than a full harness and a race seat. Oh, and discounts are in place for members of various car clubs, so check out the CG-Lock website.

For more info go to: www.cg-lock.co.uk

